

Rehabilitation & Injury

Chronic & Persistent Pain



When suffering from chronic pain or an injury, physical therapy is often one of the best choices for healing.. As an expert physical therapists understand how to best treat the discomfort and help heal the cause of the pain. At Sutton Place Physical and Occupational Therapy, we perform a thorough musculoskeletal exam and create an individualized treatment plan to help you resolve your symptoms and learn strategies for long-term relief.

No one wants to live in pain. But no one should put their health at risk in an effort to be pain free.

Doctor-prescribed opioids are appropriate in some cases, but they just mask the pain—and opioid risks include depression, addiction, and overdose.

withdrawal symptoms when stopping use.

That's why the CDC recommends safer alternatives like physical therapy to manage pain.

Our physical therapists treat pain through movement, hands-on care, and patient education—and by increasing physical activity, they help manage other chronic diseases.

Pain is personal, but treating pain takes teamwork, and our team is ready to help!