

About

Testimonials

Karen P

5 years ago

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Sonya Z

5 years ago

“ I chose SPPT because I wanted 1:1 care. I was in injured in a car accident and have multiple fractures.The staff are extremely warm and flexible, individualizing the treatment approach. The pool has... ”

“ I chose SPPT because I wanted 1:1 care. I was in injured in a car accident and have multiple fractures.The staff are extremely warm and flexible, individualizing the treatment approach. The pool has been a key ingredient in my rehabilitation and has accelerated my healing ”

Ignacio P

5 years ago

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“ I want to highlight that Sutton Place Physical Therapy has offered me a lot of flexibility with the appointments and also they have shown great interest in explaining the symptoms to me. As a Spaniard, who recently located to New York, I really appreciate the time they spend helping me understand the medical terminology. This is more than just translating language. ”

Beth P

5 years ago

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“ After receiving a cortisone shot that didnâ€ˆ t work, I am so happy I went to Sutton Place Physical Therapy. Itâ€ˆ s amazing how much better I feel after just my first session. After learning what the right exercise treatment should be along with realistic recommendations for my daily life, my ankle (tendonitis) and heel (heel spurs) already feel better. ”

Christine R

5 years ago

“ My 8 year old son was diagnosed with DMD and has been receiving Aquatic and Clinical physical therapy at Sutton Place for about a year now. The entire staff is amazing they greet you from the minute... ”

“ My 8 year old son was diagnosed with DMD and has been receiving Aquatic and Clinical physical therapy at Sutton Place for about a year now. The entire staff is amazing they greet you from the minute you walk through the door. Very Professional and knowledgeable of what each individual patient needs. Since my son has been attending Sutton Place PT he has made tremendous progress with has increased his stability to walking and has gained more strength with his legs due to Sutton Place PT Aquatic PT and Clinic PT. Sutton Place PT has helped my son not only Physically but, they have helped me emotionally. I could not recommend any place better than Sutton Place PT. Look forward to the continuous progress for my son on this long journey. I want to thank you all from the bottom of my heart Carol, Crystal, Tracey, Ben, Danny and Jacqueline for all your help and support with my Son !! ”

John C

5 years ago

“ Sutton Place PT revitalized my right shoulder after only two months of work. My life is completely changed. I had the pleasure of working with Ben Musselman and he was excellent, focused, patient,... ”
“ Sutton Place PT revitalized my right shoulder after only two months of work. My life is completely changed. I had the pleasure of working with Ben Musselman and he was excellent, focused, patient, intelligent, and extraordinarily helpful. I use what he taught me to this day and I'm pain free and able to do what I want. It was a pleasant surprise to the upside. If you have PT needs, you should go to Sutton Place PT, it's incredible. ”

James H

5 years ago

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“ I have used Sutton Place Physical Therapy on three separate occasions following knee surgery and a serious illness. Each time the therapy has greatly improved my condition. The therapists are friendly, very professional and the individual therapy visits have been effective. In my case, my doctors have been surprised at the speed and completeness of my recovery. For that I have to thank my therapist, Crystal Ewbanks, who has done an extraordinary job in aiding in my recovery. I would highly recommend Sutton Place PT to anyone looking for the best physical therapy available. ”

Beth P

3 years ago

“ I first attended Sutton Place Physical Therapy due to pain in my foot. I am not back seeing Madelyn and taking Pilates. I have NEVER taken Pilates before and I must admit, I LOVE it. Madelyn is an... ”

“ I first attended Sutton Place Physical Therapy due to pain in my foot. I am not back seeing Madelyn and taking Pilates. I have NEVER taken Pilates before and I must admit, I LOVE it. Madelyn is an amazing instructor and a personal trainer. While we are socially distant, I can not believe how much stronger I feel in just two sessions. I can't wait to go back each week. ”

J M

1 year ago

“ I highly recommend SPPT. I recently began meeting with Dr. Stillman via telemedicine. I had had PT sessions with her in the past and was very pleased with my recovery. I have been having trouble... ”

“ I highly recommend SPPT. I recently began meeting with Dr. Stillman via telemedicine. I had had PT sessions with her in the past and was very pleased with my recovery. I have been having trouble with my right foot for several months. A year ago I had a stress fracture in that foot. I saw my PCP before the Covid 19 and he told me to do no weight bearing exercise for a month. After the month he recommended I see a Foot and Ankle Orthopedist, but wants me to wait until the virus calms down. This meant I was not able to exercise because at this point the pool at my gym was closed. With no exercise, depression set in. I asked my PCP to refer me to Dr. Stillman. After several visits in which she has given me exercises, I slowly worked up to walking three miles every other day, and using my stationary bike on the alternate days. I couldn't be more pleased. And, my mood has improved! ”

J G

1 year ago

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“ I was delighted to find Sutton Place Physical Therapy back in late 2019 when I was recovering from balance and gait issues due to a stroke combined with a genetic balance and gait issue. I needed to work with a therapist trained in dealing with neurological issues and needed individual therapy so that my visits would be working with a therapist who would stay with me for the entire visit. Sutton Place Physical Therapy was able to provide the attention I needed and the staff is wonderfully helpful and knowledgeable. Once the pandemic hit I stopped going (although they remained open) but I made the decision to start working with them again several months ago. They keep the premises immaculate and clean all work areas after each person's visits. With the help of my specific therapist and the exercises we do at my sessions

along with the exercises he has given me to do at home I have made incredible progress and am feeling much more like my pre-stroke self. I do have aides but instead of walking indoors with a cane and outside with a walker with my aides â€œ I now walk outdoors with a cane instead of a walker and can even go places with my friends with a cane â€œ something that I never thought would be possible again. After being quite debilitated before starting with Sutton Place Physical â€œ I now feel like I have a new lease on life and am looking forward to my continued progress. Itâ€™s about practicing no matter how challenging the exercise â€œ and I am getting better â€œ and am thrilled that this facility is available and recommend it highly!!!! ”

Carole A

5 years ago

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“ Iâ€™ve had several injuries and surgeries that required physical therapy Of the places, Iâ€™ve used, I found the care, concern, support and training to be the best of all. The staff is excellent and their personal attention and generosity have made the healing process downright pleasant. Thank you SPPT! ”

W C

3 years ago

“ I was recently treated for ankle tendonitis at Sutton Place Physical Therapy. I would rate the service as a 5 star and highly recommend based on the following points: 1. I was very impressed with...”

“ I was recently treated for ankle tendonitis at Sutton Place Physical Therapy. I would rate the service as a 5 star and highly recommend based on the following points: 1. I was very impressed with the owner and manager Carol who went out of her way to return a call on Saturday to get me scheduled on the following Monday for treatment. 2. Very professional staff and well organized to provide service in a safe way given Covid challenges. All staff were very courteous with upbeat energy and cheerfulness on seeing and treating patients. 3. I had treatment 3 times a week and was amazed that after 3 weeks the tendonitis was 95% relieved. The usual recovery time can take 6 weeks or longer. ”

R M

5 years ago

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Malek A

5 years ago

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“ Every time after I finish my therapy I notice I am a little better. Staff is very caring. Especially the owner who welcomes you and gets to know you and makes sure to help you to meet your goal. The enhanced healing of aquatic therapy is very effective and I would recommend Sutton Place with confidence. ”

DR C

3 years ago

“ I went to Sutton Place Physical and Aquatic Therapy to get help with some pain on both my Achilles tendons that I felt every time that I went for a run or a long walk. My therapist helped me to...”

“ I went to Sutton Place Physical and Aquatic Therapy to get help with some pain on both my Achilles tendons that I felt every time that I went for a run or a long walk. My therapist helped me to identify what kind of problem it was and how to handle it. So we started with a therapy that addressed this problem (bilateral tendinitis). I could feel a significant change and progress after the first sessions. Every therapy session was very simple and not painful at all. I highly recommend the team of Sutton Place for their expertise and friendly attention. ”

Laura P

4 years ago

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“ Sutton Place Physical Therapy offers professional, friendly service with dynamic results. I highly recommend Tracey Dubensky, my physical therapist. She helped me to recover dramatic range for my fractured shoulder. ”

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