

# About

## Testimonials

### Patient Testimonials

- Carole A.

2 years ago

“Iâ’ ve had several injuries and surgeries that required physical therapy Of the places, Iâ’ ve used, I found the care, concern, support and training to be the best of all. The staff is excellent and ...”

“Iâ’ ve had several injuries and surgeries that required physical therapy Of the places, Iâ’ ve used, I found the care, concern, support and training to be the best of all. The staff is excellent and their personal attention and generosity have made the healing process downright pleasant. Thank you SPPT!“

- W C.

1 month ago

“I was recently treated for ankle tendonitis at Sutton Place Physical Therapy. I would rate the service as a 5 star and highly recommend based on the following points: 1. I was very impressed with t...” “I was recently treated for ankle tendonitis at Sutton Place Physical Therapy. I would rate the service as a 5 star and highly recommend based on the following points: 1. I was very impressed with the owner and manager Carol who went out of her way to return a call on Saturday to get me scheduled on the following Monday for treatment. 2. Very professional staff and well organized to provide service in a safe way given Covid challenges. All staff were very courteous with upbeat energy and cheerfulness on seeing and treating patients. 3. I had treatment 3 times a week and was amazed that after 3 weeks the tendonitis was 95% relieved. The usual recovery time can take 6 weeks are longer. The reason for this accelerated time was the use of a new technology of heat treatment called INDIBA (Tecar). The therapist Irene used this device and I was told that it is relatively new. Irene apparently was specially trained to administer the INDIBA treatment.“

- M P.

2 months ago

“I have experienced the Indiba AT7 one month after my delivery. I had several sessions and I was able to feel the effect after each one. My scar was definitely less painful and my skin was softer and a...” “I have experienced the Indiba AT7 one month after my delivery. I had several sessions and I was able to feel the effect after each one. My scar was definitely less painful and my skin was softer and able to stretch more. The Indiba helped me to recover and feel better. I highly recommend Indiba sessions at the right time because I can tell it is very beneficial to improve scar healing and allow the pelvic to get strength again (especially with a combination of exercises). I really appreciated the work Irene did with me. Sutton Place PT is very professional and their knowledge was obvious and strong.“

- DR C.

2 months ago

“I went to Sutton Place Physical and Aquatic Therapy to get help with some pain on both my Achilles tendons that I felt every time that I went for a run or a long walk. My therapist, Irene, helped me ...” “I went to Sutton Place Physical and Aquatic Therapy to get help with some pain on both my Achilles tendons that I felt every time that I went for a run or a long walk. My therapist, Irene, helped me to identify what kind of problem it was and how to handle it. So we started with a therapy that addressed this problem (bilateral tendinitis) with help of the Indiba equipment. With Indibia, I could feel a significant change and progress after the first sessions. Every therapy session was very simple and not painful at all. Indiba helped me not only to feel a physical relief but also to feel reassured that I could run again with complete normality sooner than expected. It was a great

work of Irene at Sutton Place and they used their Indiba equipment. I highly recommend the team of Sutton Place for their expertise and friendly attention.“

- Malek A.

2 years ago

“Every time after I finish my therapy I notice I am a little better. Staff is very caring. Especially the owner who welcomes you and gets to know you and makes sure to help you to meet your goal. The...” “Every time after I finish my therapy I notice I am a little better. Staff is very caring. Especially the owner who welcomes you and gets to know you and makes sure to help you to meet your goal. The enhanced healing of aquatic therapy is very effective and I would recommend Sutton Place with confidence.“

- R M.

2 years ago

“Carol if it wasn't for you I could not have handled the 18 hour trip to Madagascar on the plane. Thank You!” “Carol if it wasn't for you I could not have handled the 18 hour trip to Madagascar on the plane. Thank You!“

- Laura P.

1 year ago

“Sutton Place Physical Therapy offers professional, friendly service with dynamic results. I highly recommend Tracey Dubensky, my physical therapist. She helped me to recover dramatic range for my fr...” “Sutton Place Physical Therapy offers professional, friendly service with dynamic results. I highly recommend Tracey Dubensky, my physical therapist. She helped me to recover dramatic range for my fractured shoulder.“

- L P.

1 month ago

“I have been treated by multiple physical therapists for vulvodynia and dyspareunia over the last seven years. I had some improvement from traditional treatment, but I was never able to get over the hu...” “I have been treated by multiple physical therapists for vulvodynia and dyspareunia over the last seven years. I had some improvement from traditional treatment, but I was never able to get over the hurdle of penetrative intercourse without significant pain. My husband and I wanted to start a family, and I was losing hope that we would be able to do so naturally. Then, I found a physical therapist who used Indiba AT7. Within a month of treatment with the device, I was able to successfully have intercourse for the first time in years. I'm very thankful that this device exists and works effectively for this difficult condition.“

- P A.

1 month ago

“I commend Irene Hernandez for her excellent work with Indiba AT7. Her work with this has profoundly changed the quality of my life for the better. Under her guidance, it has greatly reduced my Pelvic ...” “I commend Irene Hernandez for her excellent work with Indiba AT7. Her work with this has profoundly changed the quality of my life for the better. Under her guidance, it has greatly reduced my Pelvic floor pain. And her manual technique with the heat is incredible. She is to be commended. I highly recommend her to doctors at Weill Cornell NYP, and they are impressed with her advanced treatments and work. Irene is caring, professional, technologically advanced, and wants results for her clients“

- Beth P.

2 months ago

“I first attended Sutton Place Physical Therapy due to pain in my foot. I am not back seeing Madelyn and taking Pilates. I have NEVER taken Pilates before and I must admit, I LOVE it. Madelyn is an am...” “I first attended Sutton Place Physical Therapy due to pain in my foot. I am not back seeing Madelyn and taking Pilates. I have NEVER taken Pilates before and I must admit, I LOVE it. Madelyn is an amazing instructor and a personal trainer. While we are socially distant, I

can not believe how much stronger I feel in just two sessions. I can't wait to go back each week.“

- Karen P.

2 years ago

“I am so happy I chose SPPT. Carol and her staff are extremely personable. Whereas other places you can feel like your in a PT factory. SPPT intimate and one-on-one. Not to mention my broken ankle is b...” “I am so happy I chose SPPT. Carol and her staff are extremely personable. Whereas other places you can feel like your in a PT factory. SPPT intimate and one-on-one. Not to mention my broken ankle is back to a place I never imagined possible!“

- Sonya Z.

2 years ago

“I chose SPPT because I wanted 1:1 care. I was in injured in a car accident and have multiple fractures.The staff are extremely warm and flexible, individualizing the treatment approach. The pool has...” “I chose SPPT because I wanted 1:1 care. I was in injured in a car accident and have multiple fractures.The staff are extremely warm and flexible, individualizing the treatment approach. The pool has been a key ingredient in my rehabilitation and has accelerated my healing“

- Ignacio P.

2 years ago

“I want to highlight that Sutton Place Physical Therapy has offered me a lot of flexibility with the appointments and also they have shown great interest in explaining the symptoms to me. As a Spaniar...” “I want to highlight that Sutton Place Physical Therapy has offered me a lot of flexibility with the appointments and also they have shown great interest in explaining the symptoms to me. As a Spaniard, who recently located to New York, I really appreciate the time they spend helping me understand the medical terminology. This is more than just translating language.“

- Beth P.

2 years ago

“After receiving a cortisone shot that didnâ’ t work, I am so happy I went to Sutton Place Physical Therapy. Itâ’ s amazing how much better I feel after just my first session. After learning what the...” “After receiving a cortisone shot that didnâ’ t work, I am so happy I went to Sutton Place Physical Therapy. Itâ’ s amazing how much better I feel after just my first session. After learning what the right exercise treatment should be along with realistic recommendations for my daily life, my ankle (tendonitis) and heel (heel spurs) already feel better.“

- Christine R.

2 years ago

“My 8 year old son was diagnosed with DMD and has been receiving Aquatic and Clinical physical therapy at Sutton Place for about a year now. The entire staff is amazing they greet you from the minute ...” “My 8 year old son was diagnosed with DMD and has been receiving Aquatic and Clinical physical therapy at Sutton Place for about a year now. The entire staff is amazing they greet you from the minute you walk through the door. Very Professional and knowledgeable of what each individual patient needs. Since my son has been attending Sutton Place PT he has made tremendous progress with has increased his stability to walking and has gained more strength with his legs due to Sutton Place PT Aquatic PT and Clinic PT. Sutton Place PT has helped my son not only Physically but, they have helped me emotionally. I could not recommend any place better than Sutton Place PT. Look forward to the continuous progress for my son on this long journey. I want to thank you all from the bottom of my heart Carol, Crystal, Tracey, Ben, Danny and Jacqueline for all your help and support with my Son !!“

- John C.

2 years ago

“Sutton Place PT revitalized my right shoulder after only two months of work. My life is completely changed. I had the pleasure of working with Ben Musselman and he was excellent, focused, patient, int...” “Sutton Place PT revitalized my right shoulder after only two months of

work. My life is completely changed. I had the pleasure of working with Ben Musselman and he was excellent, focused, patient, intelligent, and extraordinarily helpful. I use what he taught me to this day and I'm pain free and able to do what I want. It was a pleasant surprise to the upside. If you have PT needs, you should go to Sutton Place PT, it's incredible.“

- James H.

2 years ago

“I have used Sutton Place Physical Therapy on three separate occasions following knee surgery and a serious illness. Each time the therapy has greatly improved my condition. The therapists are friendly...” “I have used Sutton Place Physical Therapy on three separate occasions following knee surgery and a serious illness. Each time the therapy has greatly improved my condition. The therapists are friendly, very professional and the individual therapy visits have been effective. In my case, my doctors have been surprised at the speed and completeness of my recovery. For that I have to thank my therapist, Crystal Ewbanks, who has done an extraordinary job in aiding in my recovery. I would highly recommend Sutton Place PT to anyone looking for the best physical therapy available.“

Submit a Testimonial

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