

About

About Us



We create happy and healthier patients in Midtown East Manhattan

At Sutton Place Physical and Aquatic Therapy, patients of all ages discover unparalleled excellence in rehabilitative care. In Midtown East Manhattan, our patients find experienced professionals with a passion for their work, a state-of-the-art facility, and both land (in the office) and sea (aquatics) treatment programs and a uniquely supportive environment that encourages client independence.

Since no prescriptions are needed to begin physical therapy, most insurances allow patients to be seen for 10 or more sessions without having a physician referral.

Physicians who specialize in the treatment of spinal injuries, orthopedics, oncology, and neurosurgical trauma across the city of New York partner with Sutton Place Physical and Aquatic Therapy with their patient care. Sutton Place Physical and Aquatic Therapy is a partner in the Hospital For Special Surgery and Mt. Sinai Hospital's rehabilitation network.

Our approach is simple - We focus on Total Patient Well Being - body and mind. At Sutton Place Physical and Aquatic Therapy, a team of experienced rehabilitative experts create the most effective treatment regimens to work with you on a wide range of conditions.

and post-surgical conditions. In addition to receiving top-notch clinical care, we provide attentive, friendly--and personable--care. We recognize and attend to the specific needs of every patient and help them achieve their goals.

The road back to good health often can be confusing and scary. At Sutton Place Physical and Aquatic Therapy, we work to ease your fears by providing you with as much information as we can at each step of your treatment. We help you understand your injuries and provide you with a realistic picture of the healing process.

At Sutton Place Physical and Aquatic Therapy, getting your body back to its optimal performance is our number-one goal.



*Trusted
Rehabilitation
Provider Network*



HOSPITAL FOR
SPECIAL SURGERY
REHABILITATION NETWORK
PARTICIPATING MEMBER